María Dolores Martínez Beltrán

Berufliche Bildung und Weiterbildung — Kurse und Zertifikate

Datum	Kurs	Dauer	Dozent/in	Ort
Medical Foundations				
30.01.2015	Anatomy/Physiology, Pathology and special pathology, General infectious diseases, Biochemistry, cytology, medical genetics, physics, Gynecology, Pharmacology, Hygiene and microbiology, Anamnesis, conversation management, Psychology, psychopathology, Examination methods, Emergency procedures	488h	Samuel Hanemann Schule	Zürich
Kinesiology Foundations				
Touch for Health				
14.02.2010	Touch for Health 1	15h	Kurt Studer	IKAMED
09.05.2010	Touch for Health 2	15h	Kurt Studer	IKAMED
20.06.2010	Touch for Health 3	15h	Kurt Studer	IKAMED
10.06.2012	Touch for Health 4	15h	Michaela Philip	Innsbruck
08.07.2012	Touch for Health - Anatomy and Physiology of the Elements	7h	L. Bose	IAK
Brain Gym / Neurodynamics				
29.01.2012	Brain-Gym I	12h	Kurt Studer	IKAMED
25.03.2012	Brain-Gym II	12h	Kurt Studer	IKAMED
09.04.2012	Edu-Kinestettics for Advanced Learners	28h	B. Walter	IAK
29.04.2012	Optimal Brain Organisation	14h	M. Th. Mächler	IAK
14.10.2012	Optimal Brain Organisation - Advanced	14h	M. Th. Mächler	IAK
25.11.2012	Integration of Language and Hand Skills	24h	R. Wennekes	IAK
22.11.2012	Primary Reflexes - Competent in Life	7h	R. Wennekes	IAK
Applied Physiology				
19.01.2013	Applied Physiology I	14h	W.K. Fischer	IAK
12.01.2014	Applied Physiology II	21h	W.K. Fischer	IAK
16.03.2014	Five Houses of Chi	21h	W.K. Fischer	IAK
25.05.2014	AP and the Brain	21h	W.K. Fischer	APAMED
Kinergetics®				
15.07.2011	Kinergetics Teil 1	14h	M. Hespeler	IAK
17.07.2011	Kinergetics Teil 2	14h	M. Hespeler	IAK
04.09.2011	Kinergetics Teil 3	14h	Ph. Rafferty	IAK
06.09.2011	Kinergetics Teil 4	14h	Ph. Rafferty	IAK

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28.08.2012	Kinergetics Teil 4	14h	Ph. Rafferty	IAK
30.08.2012	Kinergetics Teil 5	14h	Ph. Rafferty	IAK
19.06.2016	Kinergetics Teil 6	14h	Ph. Rafferty	IAK
02.09.2012	Kinergetics Masterclass I	21h	Ph. Rafferty	IAK
21.06.2016	Kinergetics Masterclass II	21h	Ph. Rafferty	IAK
05.09.2023	Kinergetics® Dissolving Stress In The Immune System	16h	Rafferty & Byrne	IAK
R.E.S.E.T. TMJ®				
21.01.2012	R.E.S.E.T. 1	7h	M. Hespeler	IAK
23.01.2012	R.E.S.E.T. 1 Instructor	14h	M. Hespeler	IAK
26.08.2012	R.E.S.E.T. 2	4h	Ph. Rafferty	IAK
26.08.2012	R.E.S.E.T. 2 Instructor	4h	Ph. Rafferty	IAK
08.01.2024	RESET TMJ 3	7h	Rafferty & Byrne	IAK
01.08.2025	RESET TMJ 3 Instructor		Rafferty & Byrne	IAK
29.09.2017	Balancing Nutrients and Toxicity	7h	Ph. Rafferty	IAK
Neurology / Reflexes				
27.01.2013	Neuro-Meridian-Kinestetik 1	14h	A. Schatz	IAK
20.03.2016	Neuro-Meridian-Kinestetik 2	14h	G-Lindemann	APAMED
24.02.2013	LEAP Brain Integration 1	28h	A. Schatz	IAK
14.06.2015	Neuro Emotional Pathways 1	28h	A. Schatz	IAK
04.06.2013	Biochemistry of the Psyche I and II	28h	A. Schatz	IAK
22.01.2014	Testing Early Childhood and Other Reflexes	7h	U. Walter	IAK
24.01.2014	Primitive Reflexes and Brainstem 1	14h	U. Walter	IAK
26.01.2014	Primitive Reflexes and Brainstem 2	14h	U. Walter	IAK
18.03.2024	Die Muskel-Chakra-Organ-Beziehung	7h	Hugo Tobar	IAK
Further Kinesiology Studies				
07.06.2009	Tools of the Trade - Three in One Concepts	14h	M. Brunner	Baden
17.11.2013	Stress Indicator Point System 1	21h	A. Schatz	IAK
09.03.2014	Stress Indicator Point System 2	21h	A. Schatz	IAK
14.10.2018	Hyperton-X 1	14h	Dr. D. Monette	IAK
19.10.2018	Hyperton-X 2	14h	Dr. D. Monette	IAK
10.12.2012	Balance with System 1	28h	B. Michaelis	IAK
17.12.2013	The Ancient Knowledge of Nature	14h	L. Bose	IAK

Psychology and Psychotherapy Training				
12.10.2020	The Neurobiology of Love and Relationships	11h	Dr. S.W. Porges & Dr. S. Carter Porges	Instituto Cuatro Ciclos
04.02.2021	Engaging The Rhythm of Regulation: Foundations of Polyvagal Informed Practice Part I	39h	Deb Dana	Instituto Cuatro Ciclos
01.07.2021	Theory of Affect Regulation: A Clinical Model	50h	Daniel Hill PhD	Instituto Cuatro Ciclos
07.02.2025	Principles of Accelerated Experiential Dynamic Psychotherapy (AEDP)	22h	Jerry Lamagna LCSW	Instituto Cuatro Ciclos
Pilates Care REHA-Trainerin / Rehabilitation				
09.02.2019	PilatesCare BASICS exercises on the mat, PilatesCare exercises on the mat, chair and couch - clinical cases, PilatesCare in-depth - pathophysiology, analysis of patient examples	49h	D. Birchler	Health Management & PilatesCare
Coaching & Leadership				
03.04.2016	Wingwave Coach	28h	U. Poltera	APAMED
10.02.2021	u.lab: Leading From the Emerging Future	60h	Otto Scharmer	MIT
Advanced Certification — Inner Mammal Trainer				
23.09.2023	Cortisol, dopamine, serotonin, oxytocin and endorphins	30h	Loretta Breuning	Inner Mammal Institut